BERNtoast Toastmasters of The Bernard Group

- Become a better leader
- Develop exceptional communication skills
- Gain self-confidence and build relationships with co-workers

Our weekly meetings help members become more effective public speakers in a casual, fun filled, atmosphere. Members win fun TBG trophies, earn official Toastmasters accolades, and boost their resumes, all while building self-confidence and speaking ability.

"I have to admit, this hour long journey is one of the quickest and most fun hours of my week." - Jamie Dulebohn / Design Engineer - TBG Fab

> E-mail Danielle Derethik to learn more danielle.derethik@thebernardgroup.com

> > WHEN Thursdays 11:30 AM



WHERE TBG 1 The 1st Thursday of every month TBG 3 All other Thursdays

BERNtoast is a chartered club of Toastmasters International.

For more information on Toastmasters, visit www.toastmasters.org

