

# District 6 Officer Candidate



## Biographical Information

Candidate's Name	Linda Ruhland
Office Candidate is running for	Rivers Division Governor
Toastmaster member since	2010
Toastmasters offices held and terms of service	VP Education, Hudson Rise N Shine 2010-2011, President, Hudson Rise N Shine 2011-2012 VP Education, Saturday Morning Live, 2011-2012 Area Governor Rivers Division, 2011-2012 President, Saturday Morning Live, 2012-2013
Toastmasters honors and recognition	
How has your Toastmasters experience most benefited you both personally and professionally?	Toastmasters helps me rise above my perceived capacity of myself, both as a leader and a speaker. It helps me frame expectations and goals that better prepare me for the service work that I do for my business and community.
What lessons did you learn from Toastmasters?	Planning for achievement Communicating succinctly and successfully Working well with others Appreciating and celebrating others as well as myself

	Self esteem as a result of achievement
What key strengths would you bring to the role?	Passion for the purpose of Toastmasters, experience in the journey that Toastmasters facilitates, coaching, collaboration and team building
Why do you want to serve in this position?	I believe in giving back; I also believe that in giving back I will fulfill my own self-improvement objectives
In your opinion, what are District 6's major objectives and how would you work to achieve them?	Visibility, membership expansion, membership retention: I believe in building strong clubs and providing an active support network that encourages interaction at the club, area, division and district levels. I would like to see individuals see themselves not only as active club members but as active members in their district. I can assist by helping them to understand how they can leverage their participation in Toastmasters toward their personal and professional goals.
Additional information you would like us to know:	