



# TicTalker News

VOLUME 1, ISSUE 3

NOVEMBER 2014

## THIS QUARTER'S ACHIEVEMENTS:

- Toastmasters International celebrates 90 years of inspiration and leadership.
- Cheryl Evans completed her High Performance Leadership project and earned her Leadership Excellence Award.
- Our Fall Speech Contest Table Topics winners were Matt Eckert 1st place, Bruce Grostephan 2nd, and Deepa Malapareddy 3rd. Humorous winners were Margaret Snoeren 1st place, Matt Eckert 2nd, and Hari Atkuri 3rd.
- Matt Eckert placed 1st in both Table Topics and Humorous at the Area Contest.
- TicTalkers earned 2nd place for Best Website in the District 6 Quarter 1 Public Relations Contest.
- Michael Norby, Lee Finley, Tony Liang and Theodore Rick were inducted as members.

## CLUB OFFICERS:

President:  
Dennis Olsen

VP Education  
Cheryl Evans

VP Membership  
Donna Lile

VP Public Relations  
Caroline Lyngstad

Secretary/Treasurer  
Bill Mower

Sergeant-at-Arms  
Donna Hutton

## Officers Institute Meeting Changes

**Efficiency:** To keep meetings on time, changes are being implemented to our club meetings. Introductions and responses to the Question of the Day are three sentences or less. Members speaking at the lectern will position themselves "on deck" prior to speaking. General Evaluator leads the duration of applause for reports.

**Evaluation forms:** A series of new forms will be presented to facilitate more efficient and

impactful evaluations for our speakers. A final form will be created from the pilot pro-



TicTalkers pose for a group photo after the Fall Speech Contest

gram's success.

**Officer elections:** Consid-

er nominations for the 2015 election of Club President, Secretary/Treasurer, VP of Education, Membership, Public Relations, and Sergeant-At-Arms. Elections occur in December.

**TLI (Toastmasters Leadership Institute):** On Saturday, February 7th, a keynote address, educational sessions, and luncheon will be held at Ramada Plaza in Minneapolis. Register at [www.d6tm.org](http://www.d6tm.org).

## Mentors and Mentees Benefit from Membership

Help to inspire and guide a fellow Toastmaster through mentorship. Qualifications are easy:

- be a current member of TicTalkers for at least six months and in good standing
- complete the first five speeches from the Competent Communicator manual
- actively fulfill leadership

roles within the club.

See our VP of Membership, Donna Lile to begin.

What's the most satisfying part of a mentor/mentee relationship?

Margaret Snoeren: "As a mentor... to watch the growth of a new Toastmaster."

Dennis Olsen: "... seeing others grow in skill and self-confidence. These often lead

to character growth as well. When someone is willing to change, the changes are beautiful, like watching a butterfly leave it's cocoon, spread it's wings, and fly away.

Matt Eckert: "It helps the mentee gain skills from a more experienced speaker, which helps them become mentors down the road to less experienced speakers. It's a cycle that benefits all."



New Member:

Theodore Rick

"I've been working on building my business (Healing Taj) and in that, I need to communicate effectively and professionally. Toastmasters is a great community to hang out with and in which to grow personally and professionally."

Newsletter Editor:  
Caroline Lyngstad

Club website:  
[6348.toastmastersclubs.org](http://6348.toastmastersclubs.org)

## TMs Choose Captivating Themes

Diverse interests are reflected in Themes of the Day chosen by TicTalkers:

- Most Influential People
- Happiness
- Tools for Success
- Our Favorite Fall Festivals
- New Beginnings
- 'Twas the Witch of November Come Stealin'
- Sci Fi
- Who Votes?

## Quotes Worth Noting

"You may have heard a rumor that I am difficult as Table Topics Master. That is not true. Only my questions are hard." - Donna Lile

"You're only limited by your imagination." - Matt Eckert on what his wife's uncle Chuck told him for inspiration

"Who said life is fair?" - Dan Jacobson, whose mother taught him courage

"Make a decision. That's the only way to move forward—you can always change it later." - Margaret Snoeren on advice that changed her life

"I used to be a wallflower... that has changed because of Toastmasters." - Curt Johnson

"The moon was playing Hide and Seek behind the clouds." - Deepa Malapareddy describing a childhood memory

"Tiny, low-powered computers" - Hari Atkuri on what he believes generates the male brain

"We think of ourselves being in battle... but Toastmasters is the only place where we can shoot with blanks and engage in friendly fire." - Bill Mower

"To feel as wonderful as

this morning feels for the rest of the day." - Donna Hutton on her day's pursuit

"Two to three weeks after my parents change theirs" - Lee Finlay on when he turns the clock back for Daylight Savings

"This is a fun but difficult job—listening, AUGH!" - Rick Johnson as Ah Counter & Grammarian

"I am a continuing student in the School of Hard Knocks, sometimes transitioning to professor." - Cheryl Evans on overcoming adversity

## Enjoy Michelle Brown's Lemon Cake

This cake is a frequently-requested treat. It is easy to make and delicious.

Ingredients:

- 1 package lemon cake mix
- 1 package lemon instant Jello pudding
- 4 unbeaten eggs
- ¾ cup oil
- ¾ cup water
- Pam cooking spray

Directions:

1. Beat at medium speed for 10 minutes.
2. Pour in 9X13 pan (use Pam so cake won't stick).
3. Bake 350 degree for 40 minutes.
4. While cake is warm, poke with fork all over.
5. Mix 1/3 cup orange juice, 2 cups powdered sugar and 2 tablespoons oil.
6. Pour over hot cake.
7. Serve at fun gatherings, like Toastmasters meetings.

