May 2016 Number 11



# **District 6 Toastmasters**

## Where Leaders Are Made



#### **Key Dates**

#### May

Club Officer Elections

#### June 30

Club Officer Lists Due

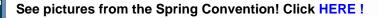
#### July 23

Toastmasters Leadership Institute

2 nd Half Key Dates PDF

### 2016 Spring Convention - A Huge Success!

Thanks to all of the Toastmasters who made the Spring Convention a huge success, and thanks to all of you for the Silent Auction donations!



#### **Outcome of the Business Meeting**

• District Realignment - Passed

For a listing of clubs that changed areas, please see our <a href="www.d6tm.org">www.d6tm.org</a> website.

District Reformation - Passed

Taking the district and splitting it into two was passed by a majority vote. In July 2017 we will have five district leaders (vs. three). In July 2018 the two districts will operate independently. District 6 will be one of the districts, and we have requested District X to become District 106 (no guarantee that we will get that number). See the Reformation website at <a href="https://www.d6tm.org">www.d6tm.org</a> for more information and the progression for operating as two districts.

• District Leaders elected

Please see the Business Meeting page of <a href="www.d6tm.org">www.d6tm.org</a> for the 2016-2017 leadership team. The Division D Director position remains open. Please contact myself or Diane Windingland if you are interested in this role.

#### **Transition**

Only eight weeks left of this Toastmasters year! Remember, the next eight weeks are important in keeping your club strong. For many, 2016-2017 Club elections have occurred or are occurring. In July Club Officer training starts up. Help your club to make this transition a smooth one!

We hope to see you all at our July TLI!

Larry Marik, DTM
District Director, District 6 (2015-2016)
Toastmasters International

Where Leaders Are Made



Lance Miller at TLI!

Join us at TLI on July 23.

The amazing Lance Miller, 2005 World Champion of Public Speaking, will be the keynote speaker.

#### www.toastmasters.org www.d6tm.org

(District 6: Serving parts of Minnesota and Ontario)

### **Program Quality Counts!**

### **District 6 Speech Contest Winners**

Table Topics
1st: Keith Hardy
2nd: Lou Longmire
3rd: Janet Fuchek





### **International Speech Contest**

1st: Kenny Ray Morgan 2nd: Raymond Norton 3rd: Amit Ghosh



The first place winner of the International Speech Contest will represent District 6 at the semi-finals in Washington, DC in August.

#### **International Convention Early Registration**

Register by June 6 to attend the <u>International Convention</u> (8/17 - 8/20) for the best price.

If you are interested in sharing a room, and need a roommate, contact Shirley Daniel (sladaniel@aol.com), who has volunteered to help match roommates.



#### **Spring Convention Awards**

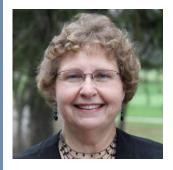
Education Awards Current Year List

Triple Crown Awards Current Year List

Magnificent 7 Clubs (clubs with 7 club officers trained in both rounds of training)



### **Congratulations to New DTM Achievers!**







Pamela Hollrah-Asleson, Tuesday with Toastmasters; Elsa Esquivel-Soto, Tuesday with Toastmasters; and William Metrey, Dan Patch Toastmasters

#### **Early Achiever Awards**

115 Clubs and 5 area directors earned outstanding early achievement awards. Club presidents of qualifying clubs will receive Toastmasters International Online Store gift certificates by June 30. Read more.

#### Train-the-Trainer Sessions

Two sessions are offered for Club Officer Trainers (only need to attend one):

Saturday, May 21, 12:45 - 2:15 PM Saturday June 25, 12:30 - 2:00 PM



Location: Supervalu Store Support Center, 11840 Valley View Road, Eden Prairie, MN 55344

RSVP to District Administration Manager <u>Sandi Robarge</u>
Trainers who are also club officers will receive Club Officer Training credit

#### **Toastmasters on TV!**

Division B Contest on Channel 12 News (link)

#### **Communicate with Confidence Workshop**

Join Toastmaster Sarah Bateman to learn self-confidence through public speaking! This seminar is an educational outreach, using content marketing to offer value to both Toastmasters and non-Toastmasters. The plan is to have other Toastmasters use Sarah's presentation as a template to offer sessions throughout District 6.



The workshop will teach you:

- Strategies to capture your audience's attention.
- Techniques to deliver with confidence.
- Anchoring your speech in the audience's memory.

#### WHEN

Tuesday, May 24, 2016 from 6:30 PM to 8:00 PM

#### WHERE

Edina Library - 5280 Grandview Square, Edina, MN 55436

Click **HERE** to register for "Communicate with Confidence"

#### Diane Windingland, DTM

Program Quality Director, District 6, 2015-2016 toastmasterdiane@aol.com
612-306-4214

### **Club & Membership Growth**

#### **Talk Up Toastmasters! Contest Winners**

Congratulations to the following clubs on winning the Talk Up Toastmasters! membership-building contest:

- Crosstown Talkers (#1349520)
- On The Road Again (#1083844)
- OracleDirect Toastmasters (#1095035)
- Saturday Morning Live Club (#9196)
- Tech Masters Twin Cities (#1286458)
- TicTalkers Toastmasters Club (#6348)

The clubs above gained 5 or more new, dual, or reinstated members between February 1 and March 31. By winning, these clubs receive a ribbon for their club banner, 10% off their next club order, and a \$25 gift certificate to the TI Store.

#### **Membership-Building Contest: Beat** the Clock!

There's still time for your club to grow before June 30. Toastmasters International's "Beat the Clock!" membership-building contest is underway, providing extra incentives for your club to add members in these final months. Grow and win by planning and holding May/June membership-building events. Learn more by visiting the Beat the Clock! page.

#### **New Clubs in District 6**

Congratulations to District 6's newest club: FOCUS Toastmasters (#5196688), chartered on March 29 in Sandstone. Welcome to Toastmasters and District 6!



Please contact me at hosmundson@gmail.com if there's anything I can do for you or your club.

Keep growing!

#### Harold Osmundson, DTM

Club Growth Director, District 6, 2015-2016 District 6, Toastmasters International **Where Leaders Are Made** hosmundson@gmail.com

#### **Public Relations Corner**

The annual PR contest entries are due by May 31.

The categories are:

- **Best Website**
- **Best News Articles & Testimonials**





- Best Social Media
- Best Newsletter

Please visit www.d6tm.org/prcontest to submit your PR materials.

Thank you,
Ravi Rai, DTM
Public Relations Manager





#### Save the Date!

On July 23, District 6 Toastmasters will gather together for inspiration, education, recognition, and fun at the 2016 District 6 summer TLI. The location is the DoubleTree Park Place, Minneapolis, MN.

Who should attend? **Everybody**! We're planning a wide range of excellent training courses again this year. **More information coming soon!** 

We are excited to announce that Lance Miller, 2005 World Champion of Public Speaking, will once again be our keynote speaker.

TLI has the training needed to support you in helping your club and fellow members reach their potential.

Attending the TLI will also satisfy the first round officer training requirement. With club officer elections happening soon, please also take this opportunity to encourage your newly elected leaders to attend!

Volunteers are needed to help us organize and plan the event. If you are interested in assisting in any capacity, including registration, videography, greeters, and setup, please contact either Joanna Carley joannamctoastmaster@gmail.com, or Cheryl Evans coachcherylevans@gmail.com. Thanks!

### **Running Your Race**

Running the race to win sometimes doesn't mean coming in first.

We are all running races, balancing priorities, trying to survive. I won't pretend that the

things you do related to Toastmasters are - or even should be - your highest priority, but everything you do, every race you are running so to speak, needs to be considered important at some level. Prioritization is yours to control. You need to decide and control that and not let it control you.

I bet most of us have heard the comment that nobody lying on their death bed ever said "I wish I had spent more time at work." You won't see a hearse with a trailer because we cannot take anything with us when our race here is done.

A friend had a small picture frame with this message in it: "Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well preserved body, but rather to skid in sideways, chocolate in one hand, beer in the other, body thoroughly used up, totally worn out, and screaming, WHOO HOO, what a ride!"

We must decide and then do.

Many years ago I decided to run a marathon. Before I stopped running them, I learned a few things about training. Training runs help prepare us for the races we are required to run and even those we choose to run. In training we run faster for shorter distances to increase our speed. We run longer runs, even potentially longer than our race distance, to increase our endurance. We run hill repeats to increase our climbing ability and wind. We do sprint repeats for that burst of speed we may need when the finish line is right in front of us and we need to get there before the clock flips.

Imagine the end. The year I ran the marathon faster than 2 hours and 50 minutes, whenever I was running, I imagined coming under the finish banner in 2:48:59. Through months of 21 mile runs and track and hill workouts, I imagined. While running shorter tune-up races - I imagined. And at the starting line in Two Harbors, Minnesota, on a June day - I imagined. I bet you'd like to know what time I actually ran. Running with probably 8,000 other people along the shores of Lake Superior for 26 plus miles, I imagined that when I finished the race the clock would show that time.

Why all this running training stuff in a Toastmasters newsletter? They are surprisingly similar. We meet every week and observe the functions of our club meetings where leaders lead and innovate and adapt. We watch or participate in listening and responding, in planning and delivering a carefully timed speech to meet a requirement. We respond to questions we could not have imagined would come our way and attempt to speak intelligently for 120 seconds about the issue or topic. We evaluate when it is our turn, giving both encouragement and guidance to experienced and new presenters alike. We are in training, and each week we put that training to work, or we cheer as we watch others do so. We are Toastmasters.

Many of us are running that marathon race as Toastmasters with no intention of letting up. Others come along needing a helping hand for a short while and gaining some new skills and knowledge for the small investment of their time and funds spent with us. All are welcome. What we have to share is both inexpensive and beyond cost. We practice these skills to sharpen our ability to live and work during the years we have on this small blue green pebble floating in space.

Toastmasters are most often great people who desire to share the amazing things they have learned with each other. Yes, there are some endorphins set free by being helpful, but in most cases we want to see others win and to be as successful as they can be. It really is up to each person who joins to strive for and reach their own goals ... to run that race. To train and gain everything the organization and club has to offer.

While I counted myself a winner that June day along Lake Superior even though several hundred others crossed the finish line ahead of me, I watched the clock ticking toward my goal in my mind for all those miles and was rewarded as it actually did tick over to 2:48:57 as I ran under the banner. I became a believer that day.

You can set goals and train for them in that same way in all parts of your life. Running the race to win sometimes doesn't mean coming in first. It may mean having the courage to try and to do your best and to walk away proud that you could be counted a winner by only one person - you!

Step up and tackle those HPL projects you committed to complete. See if you can help a struggling club, or mentor a new member. Toastmasters is for the long haul - make a plan and imagine it being completed. I know it can be done ... and in your heart, don't you too? You can do it.

Thank you for the opportunity to serve the members of District 6 this year as your HPL chairman.

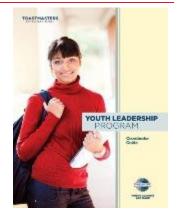
#### **Steve Compton**

District 6 HPL Chair

### **Youth Leadership Program**

The Toastmasters year is almost over, and there are several clubs that have been working with our youths (the next generation of leaders!) during the last ten months. Thanks go out to all the Toastmasters who are helping our youths in developing their leadership and communication skills.

Starting in Thunder Bay, Ontario, the Storytellers Toastmasters club is the role model in District 6 in working with the youths. They started last fall with a Youth Leadership Program (YLP) for teens at Dennis Franklin Cromarty High



School. Since then the club has completed two more and will end the year with their fourth YLP at the Winston Churchill Collegiate and Vocational Institute in Thunder Bay. To quote David Goldsworthy from Storytellers, there is a large and enthusiastic group of over 20 students. Also, the club is planning more YLPs next year, since the word is getting out about how the program is enhancing the communication and leadership skills in our youths.

In the Twin Cities, Joan Watson, the 2014-2016 International Director, conducted a YLP in late March and early April with 3rd-4th graders and 6th graders at the Yinghua Academy in Minneapolis (a Chinese charter school).

Moving on to southern Minnesota, the Rochester Chamber Toastmasters is conducting YLPs: one last fall with nine graduates. Check out the blog from the Rochester club (https://tmblr.co/Zq-S\_k24XWuS). Currently, the club is doing another YLP with a group of nine teens.

There are also Toastmasters who are working on starting YLPs at the Inver Grove Heights Community Schools, Minnetonka High School, and the King of Kings church in Woodbury (also a new Toastmasters club there).

Right now, we have a couple clubs in the running for the Keith Hardy Youth Leadership award, which is the District 6 award presented annually to a club that has held at least two Youth Leadership Programs in the Toastmasters year. But I'm sure there are other clubs out there who have done YLPs since July 1, 2015; please email me the dates of the classes, number of kids, and their ages, along with the Toastmasters club name and the name of the coordinator for the YLP. I would like to make sure clubs who have conducted a YLP are recognized for working with our youth, who are our future leaders.

In service,

#### Mary Adams, DTM

District 6 Youth Leadership Chair 2015-2016

Phone: 612.521.0649 (home) or 612.703.8625 (cell)

email: adams mary j@yahoo.com

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